



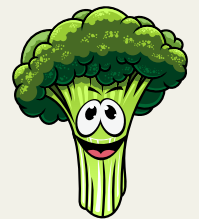
Crudités with Vegan Tzatziki Dip

Ingredients

- Assorted raw vegetables of your choice
- 1 cup of unsweetened coconut, almond or cashew milk yogurt
- 1/2 cup diced cucumber
- 2 tablespoons fresh dill
- 3 cloves pressed garlic
- 1 tablespoon olive oil
- 2 tablespoons lemon juice
- 1 tablespoon lime juice
- 1 teaspoon salt

Prep Time

TOTAL TIME: 70 MIN
PREP TIME: 10 MIN



Directions

Crudités:

- Wash and cut assorted vegetables into preferred size for dipping

Tzatziki Dip:

- Combine the remaining ingredients in a medium size bowl
- Stir until mixed well
- Refrigerate for 1 hour to let the flavors meld

Low Carb
Vegan
Gluten Free